

COLD/FLU SEASON IS HERE!!



The cold/flu season is here and in an effort to control illness/communicable diseases, we ask for your cooperation by following these guidelines:

1. **DO NOT** send your child to school with an abnormal temperature: 100 or above orally or 101 or above rectally.
2. **DO NOT** send your child to school until he/she has been fever free for twenty four (24) hours without Tylenol or Ibuprofen. This will ensure that your child is free from infection.
3. **DO NOT** send your child to school if he/she has been vomiting or had diarrhea during the night and/or early morning hours.
4. If your physician is considering Strep infection, and a throat culture has been taken, **DO NOT** send your child to school until the results are known. If the results are positive, he/she should have at least 24 hours of an antibiotic before returning to school.
5. When your child has been diagnosed with an infection(i.e. pneumonia, bronchitis, strep, scarlet fever, and your doctor prescribes an antibiotic, (24) twenty four hours of the antibiotic should be taken prior to returning to school.
6. When nasal secretions are particularly thick and copious and/or the discharge is green in color, please keep your child home until it clears, becomes less heavy, or he/she is checked by your pediatrician.
7. **REMEMBER: TEACHING YOUR CHILD GOOD HAND WASHING** is the best way to help prevent the spread of illness .

With your help we can make the school year a healthier one for your children.
Thank you for your cooperation,

Sincerely,

Nancy Beach

School Nurse