

Menands Union Free School District
19 Wards Lane, Menands, NY 12204
Ph: 518-465-4561 Fax: 518-434-4572
Lauralyn Kulpa, School Nurse



**Parental notice of MENANDS UFSD participation in the
NYS Department of Health
BMI & WEIGHT STATUS CATEGORY REPORT
for the 2015-2016 school year**

As part of a required school health examination, a student is weighed and his/her height is measured. These numbers are used to figure out the student's body mass index or 'BMI'. The BMI helps the doctor or nurse know if the student's weight is in a healthy range or is too high or too low. The New York State Education Law require that BMI and weight status group be included as part of the student's school health examination. Yearly a sample of school districts is selected to take part in a survey by the New York State Department of Health. Our school has been selected to be part of the survey, we will be reporting to New York State Department of Health information about our students' weight status groups. Only summary information is sent. No names and no information about individual students are sent. However, you may choose to have your child's information excluded from this survey report.

The information sent to the New York State Department of Health will help health officials develop programs that make it easier for children to be healthier.

If you do not wish to have your child's weight status group information included as part of the Health Department's survey this year, please go to our website and complete the BMI Refusal form and return it **NO LATER** than 1/2/2016 as reporting will be completed by 1/30/2016.

Lauralyn Kulpa, RN
School Nurse
Menands UFSD

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Parental BMI Opt Out Form

By returning this form to Menands School you are giving us notice that you are opting your child out of the NYS Department of Health BMI & WEIGHT STATUS CATEGORY REPORT for the 2015-2016 school year. Your child's body Mass index will not be included in the report.

Please return this form to Mrs. Kulpa no later than 1/2/2016 as the state report must be completed by 1/30/2016.

Please do not include my child's weight status information in 2015-2016 School Survey.

Print child's Name

Grade

Date

Print Parent's Name

Parent's Signature